



# BRUNCH

sábado e domingo

## Do Trigo

## From the Wheat

### Seleção de Pães

Pão de Trigo, Pão de Alfarroba, Pão de Cereais

### Bread Selection

Wheat Bread, Carob Bread, Cereal Bread

### Seleção de Croissants

Croissant Folhado de Manteiga, Croissant Folhado de Cereais

### Croissants Selection

Croissant, Cereal Croissant

### Seleção de Pastelaria

Pastel de Nata, Folhado Doces, Donuts, Bolo Caseiro, Queques Caseiros, Panquecas

### Pastry Selection

Pastel de Nata, Sweet Pastrys, Donuts, Homemade Cake, Homemade Cupcake, Pancakes

## Das Sementes aos Flocos

## From Seeds to Flakes

Fibra

Fibre

Cornflakes

Cornflakes

Chocapic

Chocapic

Flocos de Aveia

Oat Flakes

Granola

Granola

Muesli

Muesli

Sementes de Chia

Chia Seeds

Sementes de Linhaça

Linseed Seeds

Goji

Goji Berries

## Das Manteigas ao Mel

## From Butter to Honey

### Seleção de Manteigas

Manteiga Com Sal, Manteiga Sem sal, Manteiga de Amendoim

### Butter Selection

Salted Butter, Non Salted Butter, Peanut Butter

### Seleção de Doces e Compotas

Compota de Frutos do Bosque, Compota de Abóbora, Mapple Syrup, Nutella, Mel

### Jam Selection

Wild Berries Jam, Pumpkin Jam, Mapple Syrup, Nutella, Honey

## Do leite

## From Milk

Leite

Milk

Leite de Soja

Soy Milk

Leite de Amêndoa

Almond Milk

logurte Natural

Natural Yoghurt

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## Da Cura ao Fumeiro

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**Seleção de Charcutaria**  
Fiambre de Porco, Fiambre de Peru

**Seleção de Queijos**  
Queijo Flamengo, Queijo Fresco,  
Alavão Apimentado, Requeijão

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## Para Entreter

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**Seleção de Salgados**  
Rissóis, Croquetes, Chamuças, Mini Quiche Variada  
Finger Sandwich Variadas, Bola de Carnes

**Seleção de Saladas Composta**  
3 Saladas Sazonais

**Seleção de Saladas Simples**  
Alface, Cenoura, Pepino, Tomate, Beterraba

**Seleção de Quentes**  
Ovos Mexidos, Bacon, Cogumelos, Feijão

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## No Momento

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**Ovos Benedict**  
Simples, Tosta de Abacate, Tosta Espargos Grelhados

**Omeletes Simples e Compostas**

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## Das Redes ao Prado

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**Prato de Peixe**  
À escolha do Chef

**Prato de Carne**  
À escolha do Chef

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## Ponto Final

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**Buffet de Fruta Laminada**

**Buffet de Sobremesas**

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## Bebidas

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**Água Natural**

**Água com Gás**

**Sumo de Laranja Natural**

**Sumo de Frutos Vermelhos**

**Espumante**

**Sumo de Maça**

**Batido de Fruta**

**Sumo Detox**

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## From Healing to Smoking

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**Charcuterie Selection**  
Pork Ham, Turkey Ham

**Cheese Selection**  
Flamengo Cheese, Fresh Cheese,  
Alavão with Pepper, Cream Cheese

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## To Amuse

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**Salty Snacks Selection**  
Savory Starters, Shrimp Patties, Vegetarian Samosas,  
Mini Quiche, Mini Sandwich, Charcuterie Cake

**Salad Selection**  
3 Seasonal Salads

**Vegetable Selection**  
Lettuce, Carrot, Cucumber, Tomato, Beetroot

**Warm Dishes**  
Scrambled Eggs, Bacon, Roasted Mushrooms, Beans

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## À la Carte

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**Eggs Benedict**  
Plain, Avocado Toast, Grilled Asparagus Toast

**Plain Omelets and Omelets with other Ingredients**

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## From Nets to Meadow

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**Fish Dish**  
Chef's Choice

**Meat Dish**  
Chef's Choice

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## Final Stop

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**Fruit Buffet**

**Dessert Buffet**

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## Drinks

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**Water**

**Sparkling Water**

**Orange Juice**

**Wild Berries Juice**

**Sparkling Wine**

**Apple Juice**

**Fruit Smoothie**

**Juice Detox**